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Treatment Progress Report

Client Name: Kiyah Miller

Case Manager: Jill Johnson

Therapist: Mary Atwood LIMHP

Current Placement: Kiyah is currently placed with her grandmother

Time Period of Report: February 21, 2015 to November 9, 2016

Date of Report: November 9, 2016

Current Treatment Goals and Expected Achievement Date of Goals: Kiyah's goals are as follows: 1). Kiyah will verbalize her emotions and fears and problem solve different ways to work through them. 2). Kiyah will continue to develop alternative coping skills. 3). Kiyah will accept responsibility for her misbehavior and develop acceptable alternatives for her misbehavior.

Summary of Progress of Client/Family Involvement in Treatment: Kiyah has begun to vocalize her emotions and fears regarding her mother, but Kiyah continues to have some difficulty discussing her mother and her fears. Kiyah does not always practice her coping skills at appropriate times. Kiyah appears more relaxed and communication has improved since visits with her mother have been stopped.

Barriers to Meeting Treatment Goals: Kiyah is fearful of her mother kidnapping her. Cindi continues to try and have contact with Kiyah which is emotionally draining and damaging for Kiyah. I am aware that Bradell collaborated with Cindi to have contact with her at church, this was also difficult for Kiyah as they told her "not to tell and keep the secret" and it encourages her to be untruthful and causes mixed emotions. Kiyah has conflicting emotions about her mother and has difficulty voicing them.

Client/Family Strengths that will Assist in Meeting Treatment Goals: Kiyah's family continues to be extremely supportive of Kiyah. She is very intelligent and caring. She is learning to accept consequences for her misbehavior.

Recommendations to the Court Concerning Meeting Treatment Goals and/or Placement: It is this therapist's recommendation, that before Cindi is granted supervised visitation, she undergo a psychological and psychiatric evaluation, with collateral information to be provided by NFC. The evaluations should include the possibility of medication and compliance with taking them. Cindi should also undergo a chemical dependency evaluation. Bradell continue to have supervised visitation as it appears that he is in contact with Cindi. Kiyah remain in her current placement.

Respectfully,

Mary Atwood LIMHP

11/9/2016

Mary Atwood LIMHP

"We strive to empower individuals and families by helping them find healing, understanding, and hope while providing a safe and supportive environment."